

CCPA Classes 2026-2027



Dance By Type:

Mommy & Me:

Twirling Tots: (*Caregiver & Child Dance Class Ages 0 - 3*): Tuesdays, 10 - 10:45 am. (Punch Card Class) Twirling Tots is a joyful dance class designed for toddlers and their grown-ups to move, play, and bond together! Through simple songs, creative movement, and playful twirls, little dancers build coordination, rhythm, and confidence—all while sharing special moments with their favorite adult. This class uses a convenient punch card system, so you can come when it fits your schedule. Perfect for busy families looking for flexible, fun dance time with their tots!

Preschool:

Tiny Tots (Ages 2 - 3) : Wednesdays: 10 - 10:45 am: **\$52** This delightful class introduces our tiniest dancers to the joy of movement! Through music, songs, and gentle creative activities, toddlers explore basic motor skills, rhythm, and body awareness in a fun and nurturing environment. Tiny Tots is all about playful discovery, helping little ones build confidence and a love for dance from their very first steps!

Mini Movers (Ages 3 - 4): Wednesdays 11 - 11:45 am or Thursdays, 5:00 - 5:45 pm: **\$52** This playful class is designed especially for little ones to explore movement, music, and imagination! Through fun games, songs, and simple dance activities, children develop coordination, balance, and listening skills—all while having a blast moving their bodies in creative ways. Mini Movers is the perfect first step into the world of dance, encouraging confidence and a love for rhythm and movement in a gentle, supportive environment.

Jitterbugs (Ages 4 - 5): Mondays, 10 - 10:45 am or Wednesdays, 5 - 5:45 pm: **\$52** This lively class is designed for preschoolers and introduces them to the wonderful world of dance through ballet and tap. We'll explore creative movement, rhythm, and sing along to fun music, all in a nurturing and encouraging environment. This is the perfect introduction to dance that will build confidence, coordination, and a lifelong love of the arts!

Combo Classes (Ballet/Tap) - Elementary School

Kinderstars - (Ages 5 - 6): Wednesdays, 4 - 5 pm: **\$57** This energetic class is designed for kindergartners (ages 5-6) and introduces them to the fundamentals of ballet and tap. We'll also explore creative movement, try different rhythms, and sing along to fun music. This is a perfect introduction to dance that will build confidence, coordination, and a lifelong love of the arts!

Shining Stars: (*Ballet/Tap 1 Combo - Ages 6 - 7*); Thursdays, 4:00 - 5:15 pm: **\$62** Perfect for our youngest beginners, this class introduces 1st graders to the fundamentals of ballet and tap in a fun and supportive setting. Students will learn basic ballet positions, simple tap rhythms, and coordination through playful exercises and engaging choreography. Shining Stars helps build strong dance foundations while fostering creativity, confidence, and a love for movement—ideal for kids just starting their dance journey!

Super Stars (Ballet/Tap 2 Combo - Ages 7 -9); Tuesday, 4 - 5:30 pm: **\$73** This fun and engaging ballet/tap combo class is designed for students in grades 2-3 (ages 7-10) to develop and refine their ballet and tap technique. Students will explore their creativity through self-expression and performance in a supportive and structured learning environment. We'll focus on proper technique while fostering a love for dance!

CCPA Classes

2026-2027

Recreation Dance and Cheer:

Dance Jamz - (Ages 6 - 9): Wednesdays, 4:15 - 5 pm: **\$52** Get ready to move, groove, and express yourself! Dance Jamz is the perfect class for beginner dancers who want to explore the fun of dance through upbeat jazz and hip hop moves, along with creative movement games that build coordination and confidence. This high-energy class encourages imagination, rhythm, and self-expression in a supportive environment—perfect for young dancers just starting their dance journey.

Shining Stars Dance Team and Pom - (Ages 6 - 7): Wednesdays, 6:30 - 7:15: **\$52** This class is a perfect intro for young aspiring spirit leaders and performers. This class combines jazz technique, pom motions, and high-energy choreography inspired by school dance teams. Dancers will work on precision, strength, performance skills, and formations, while learning fun and upbeat routines using pompoms.

Super Stars Dance Team and Pom - (Ages 7 - 10): Thursdays, 6:30 - 7:15 pm: **\$52** Perfect for aspiring spirit leaders and performers, this class combines sharp jazz technique, pom motions, and high-energy choreography inspired by school dance teams. Dancers will work on precision, strength, performance skills, and formations, while learning fun and upbeat routines using pompoms. Whether you're preparing for school tryouts or just love the team vibe and energy, this class builds confidence, teamwork, and showmanship!

Ballet:

Junior Ballet - (Ages 8 - 10): Mondays, 4 - 5:00 pm: **\$57** Dancers in this class will continue to build a strong foundation in ballet through barre work, center combinations, and across-the-floor exercises. Increased training will help dancers build strength and discipline while demonstrating the grace and beauty of the art form.

Intermediate Ballet - (Ages 10 - 15): Wednesdays, 5:30 - 6:30 pm; **\$57**. This class is designed for dedicated dancers with a good foundation in ballet technique, discipline, and artistry. Dancers will focus on barre work, center combinations and turns. Students will also begin to work on adagio and allegro combinations.

Advanced Ballet (Ages 14+): Thursdays, 5:45 - 6:45 pm: **\$57** This class is designed for experienced dancers with strong ballet technique, discipline, and artistry. Dancers will focus on advanced barre work, center combinations, turns, adagio, and allegro, with an emphasis on performance quality and strength.

Intermediate Pointe - (Ages 11 - 17): Thursdays, 6:45 - 7:30 pm: **\$52** This introductory pointe class is for ballet students who have demonstrated the strength, alignment, and technique required for safe pointe work. Dancers will begin with exercises at the barre, gradually progressing to center work as strength and confidence develop. Pre-approval is required through a ballet instructor evaluation. Dancers must also be enrolled in at least one ballet technique class per week.

Advanced Pointe (Ages 13+): Thursdays, 6:45 - 7:30 pm: **\$52** This Advanced Pointe class is designed for experienced ballet dancers who have a strong technical foundation and are ready to refine their pointe work to a professional level. Dancers will focus on advanced strength, control, and artistry while developing the stamina and precision required for classical and contemporary pointe choreography. Students must be pre-approved for this class.

CCPA Classes

2026-2027

Tap:

Junior Tap - (Ages 8 - 10): Tuesdays, 4 - 4:45 pm; **\$52**. Ready to take your tap skills to the next level? This class focuses on building rhythm, coordination, and musicality while introducing exciting new combinations and fun tap "tricks." Designed to challenge growing dancers, it's the perfect stepping stone for advancing up the tap ladder!

Intermediate Tap - (Ages 10 - 15): Wednesdays, 6:30 - 7:15 pm **\$52** Sharpen your rhythm, coordination, and footwork with tap combos that build strong musicality and confidence. Designed to prepare students for advanced tap, this class will build on fundamentals while honing more difficult tap routines and tricks.

Advanced Tap (Ages 14+): Mondays, 5:45 - 6:30 pm: **\$52** This fast-paced, rhythm-driven class is for experienced tap dancers ready to take their skills to the next level. Dancers will explore complex footwork, intricate rhythms, musicality, and improvisation while building speed, clarity, and performance quality. Pre-approval is required to ensure dancers have the technical foundation and experience necessary for the advanced level. This class is perfect for tap dancers who love a challenge and are passionate about the art of rhythm and sound.

Adult Tap: Mondays, Noon - 12:45 pm (Punch Card Class) New to Tap, haven't tap danced in years or just love to tap. This is the class for you. Join us on your lunch break for a low pressure class that will challenge your mind and feet!

Jazz:

Super Stars Jazz-Musical Theatre - (Ages 7 - 9): Mondays, 4 - 4:45: **\$52**. This energetic class is perfect for young dancers just starting their journey in jazz and musical theatre! Combining catchy jazz moves with fun storytelling and character work, dancers will learn basic technique, rhythm, and expression in a playful, supportive setting. Through upbeat music, simple choreography, and imaginative games, students develop confidence, coordination, and a love for performing—perfect for kids who dream of the spotlight!

Junior Jazz: - (Ages 8 - 10): Tuesdays, 4:45 - 5:30 pm; **\$52** This energetic class is perfect for young dancers just starting their journey in jazz. Dancers will learn fundamental jazz moves and develop skills in proper technique, rhythm and control.

Intermediate Jazz - (Ages 10 - 15): Mondays, 6:30 - 7:30 pm: **\$57** Boost your jazz technique in this high energy class. Dancers will further improve their skills while adding new and fun combos and moves while continuing to work on technique, rhythm and control.

Advanced Jazz (Ages 14+): Mondays, 7:30 - 8:30 pm: **\$57** This high-energy class challenges dancers with intricate choreography, stylized movement, and advanced jazz technique. Dancers will work on dynamic performance skills, flexibility, strength, and quick execution of complex combinations. Pre-approval is required based on technique level, maturity, and previous training. This class is ideal for dancers who are ready to push themselves and grow as technical and expressive performers.

Hip-Hop:

Super Stars Hip-Hop Add On - (Ages 7 - 9): Mondays, 4:45 - 5:15; **\$15**. (\$25 as solo class) This introduction to Hip Hop is a perfect add on for dancers who want to give hip hop dance a try. Groove fundamentals and basic hip hop choreography will be paired with fun and energetic music appropriate for their age.

CCPA Classes

2026-2027

Junior Hip Hop Add On - (Ages 8 - 10): Tuesdays, 5:30 - 6:00 pm: **\$15** (\$25 as solo class) In this fun, fast-paced add-on class students will move and groove while learning cool hip hop moves and age-appropriate choreography. Dancers will continue to develop skills in rhythm and control.

Intermediate Hip Hop - (Ages 10 - 15): Wednesdays, 7:15 - 8 pm **\$52** Rhythm, groove and control are essential to hip hop. Students will hone these skills in this fun and energetic class which also builds strong musicality and confidence.

Hip Hop Crew - (Ages 14 - 18): Thursdays, 7:30 - 8:15 pm: **\$52** Ready to level up your skills and bring the energy? Hip Hop Crew is a performance-based class for dancers who love to hit hard, groove strong, and bring their own style. Dancers will train in hip hop technique, musicality, and team choreography while learning the foundations of freestyle, popping, locking, and more.

Contemporary and Lyrical:

Junior Lyrical Add On - (Ages 8 - 10): Mondays, 5 - 5:30 pm: **\$15** After ballet continue developing fluid contemporary movement, enhancing strength, flexibility, and emotional expression in our Lyrical add-on class. Ideal for dancers seeking a balanced technical and creative experience. (Students must be enrolled in Junior Ballet to attend this class.)

Intermediate Contemporary - (Ages 10 - 15): Mondays, 7:30 - 8:15 pm: **\$52** Explore contemporary dance's fluid movements and expression while enhancing strength, flexibility, and emotional control. Ideal for dancers seeking a balanced technical and creative experience.

Advanced Contemporary (Ages 14+): Mondays, 6:30 - 7:30 pm: **\$57** A deeply expressive class combining modern, lyrical, and classical techniques, with an emphasis on emotion, storytelling, and movement quality. Dancers will explore improvisation, floor-work, and musicality through advanced combinations and choreography. Pre-approval is required to ensure dancers are prepared for the technical and emotional demands of the class.

Acro:

Intro to Acro - (Ages 4 - 7): Mondays, 4:30 - 5 pm: **\$25** Dive into the exciting world of acro with this beginner-friendly class. This class introduces foundational skills like balance, rolls, handstands, and simple tumbling—all safely taught with proper technique. Perfect for dancers new to acro or looking to build confidence and body control, this class encourages fun, focus, and progress in a supportive environment. No prior experience needed—just come ready to move and explore!

Acro Skills 1 - (Ages 7 - 11): Thursdays, 5 - 5:45 pm: **\$52** Designed for dancers who want to enhance their technique with acrobatic elements, this class focuses on safe progressions, proper body alignment, and strong foundational skills. Students will work on elements such as balances, limbering, tumbling, and partnering.

Acro Skills 2 - (Ages 7 - 14): Thursdays, 4:15 - 5 pm: **\$52** Designed for dancers who want to continue progressing with acrobatic elements, this class focuses on safe progressions, proper body alignment, and strong technical skills. Students will continue to work on balances, limbering, tumbling, and partnering while progressing to ariels and other more complicated tricks. (Prerequisite Acro Skills 1 and/or assessment by instructor.)

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2026-2027

Musical Theatre and Theatre:

Super Stars Jazz-Musical Theatre - (Ages 7 - 9): Mondays, 4 - 4:45: **\$52**. This energetic class is perfect for young dancers just starting their journey in jazz and musical theatre! Combining catchy jazz moves with fun storytelling and character work, dancers will learn basic technique, rhythm, and expression in a playful, supportive setting. Through upbeat music, simple choreography, and imaginative games, students develop confidence, coordination, and a love for performing—perfect for kids who dream of the spotlight!

Junior and Intermediate Musical Theatre - (Ages 8 - 14): Mondays, 5:30 - 6:15 pm: **\$52** This show-stopping class is perfect for young dancers ready to take the stage in Musical Theatre. Combining fundamental jazz moves with fun storytelling and character work, dancers will learn basic technique, rhythm, and expression in a playful, supportive setting—perfect for kids who dream of the spotlight. (Students must be enrolled in at least one other dance class.)

Dabbling in Drama (Ages 7 - 14): (6 - week course): Fridays, 2:15 - 3:30 pm: **FREE** There is more to Drama than you may think! Each week, students will learn a different aspect of theatre including design, stage combat, makeup, playwriting, acting and more! This is a FREE six week session sponsored by the Wyoming Arts Council.
Session runs OCTOBER 2 - NOVEMBER 6, 2026

Adults with Disabilities:

Dance Stars - (Adult): Tuesdays, 2:30 - 3:15 pm: **FREE!** Dance Stars is a fun and inclusive dance class designed specifically for adults with special needs. In this class, you'll explore creative movement and discover the joy of dance in a supportive, safe and encouraging environment. Learn basic dance skills at your own pace, focusing on coordination, rhythm, and having fun! Gain confidence in your body and abilities through positive reinforcement and celebrating your individuality. Connect with other amazing dancers and form lasting friendships in a welcoming and inclusive community. Dance Stars is perfect for adults with special needs who want to experience the joy of dance. Dancers of all abilities who thrive in a supportive and understanding environment. Anyone who loves music and wants to move their body! No prior dance experience is necessary. This class is sponsored in part by Studio Theatre at CCPA and the Wyoming Arts Council.