Cartwheels & Happy Feels!

Summer 2025

We have gymnastics for all ages and abilities this summer! Each class is a six-week session of fun!



GIGGLE & GROW

Mondays, June 9 - July 21: 11 - 11:45 am (Ages 6 mos to 3 yrs)

This is a "caregiver & child" punchcard class. 4 punches for \$50 or 6 for \$70. Punches can be rolled over.



TUMBLE MONKEYS

Mondays, June 9 - July 21: 10 - 10:45 am

(Ages 3 - 4)

Classes introduce young gymnasts to tumbling and body shapes. Classes also emphasize hanging, support, balance, and motor skills. This class utilizes bars, beams, trampoline, and floor. - \$75



LITTLE LEMURS

Mondays, June 9 - July 21: 2 - 2:45 pm (Ages 4 - 5)
Classes introduce young gymnasts to tumbling and body

gymnasts to tumbling and body shapes. Classes also emphasize hanging, support, balance, and motor skills. This class utilizes bars, beams, trampoline, and floor. - \$75



TERRIFIC TIGERS (Beginners)

Mons, June 9 - July 21 or Weds, June 11 - July 23: 3 - 4 pm (Ages 5 - 8)

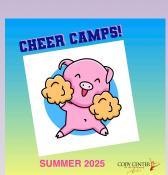
This class focuses on elementary tumbling skills utilizing bars, beams, trampoline, and vaulting with the goal of increasing strength, balance and flexibility. This is the entry level class and is the best choice for those who have no prior gymnastics experience. - \$80



LEAPING LIONS (Intermediate)

Wednesdays, June 11 - July 23: 4 - 5 pm (Ages 6 - 11)

This class is for gymnasts who have developed the strength and flexibility to progress on all events; making the transition from beginning gymnastics to intermediate. Gymnasts will continue progression beyond basic mastery for all the major components of gymnastics. - \$80



SUMMER CHEER CAMPS!

Mini Cheer Camp (Ages 6 - 11)

Tuesday - Thursday, June 17 - 19: 9 am - Noon Perfect for cheerleaders in training, this mini camp focuses on traditional cheers and movements while incorporating basic tumbling skills. Campers will get support from the CHS cheer squad as well! - \$90

Middle & High School Cheer Camp (Ages 12 - 17)

Tuesdays, June 10 - July 22: 2 - 3 pm

Go! Fight! Win! This camp is for Middle School and High Schoolers who want to get a jump on the Fall season. Students will focus on strength training, tumbling, tricks and formations.- \$80





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