

Mackenzie Frey
Gymnastics Instructor



Mackenzie Frey (Gymnastics Instructor): Mackenzie has a dance and gymnastics background, including 10 years at Cody Center for the Performing Arts. She loves bringing in all the amazing things she learned in the company with her to teach others. When not coaching students, you can find Mackenzie spending time doing work for her Etsy shop, enjoying time outside, reading, and learning more things to incorporate in her lessons.